

## **Five Sources of Joy**

## Joy is a Choice

"My brethren, count it all joy when you fall into various trials." (James 1:2)

"My brethren, count it all joy when you fall into various trials." (Philippians 4:4)

"Rejoice always." (1 Thessalonians 5:16)

## **Five Sources of Joy**

"These things (commandments) I have spoken to you, that My joy may remain in you, and that your joy may be full." (John 15:11)

- 1. Hearing the word of God brings joy that not only remains in us but remains full.
- 2. Do you lack joy in your life?
  - a. Study the word.
  - b. Listen to teaching.
  - c. Read a book.
  - d. Meditate on the word through the day.

*"Until now you have asked nothing in My name. Ask, and you will receive, that your joy may be full."* (John 16:24)

- 1. There is a joy that comes through answered prayer (Matthew 15:31, Acts 8:7-8).
- 2. Praise reports bring joy to us hearing of answered prayer.

"And these things we write to you that your joy may be full." (1 John 1:4)

- Freedom from sin brings abundance of joy.
  "These things" are about remaining in fellowship with God.
- 2. Sins robs us of our joy. In the Psalms, David prayed, "Lord, restore to me the joy of my salvation."
- 3. There is a joy nothing else can give when our heart is pure and clean before God.

"Having many things to write to you, I did not wish to do so with paper and ink; but I hope to come to you and speak face to face, that our joy may be full." (2 John 12)

- 1. Fellowship with believers we love bring joy.
- 2. Paul looked forward to the times he could return to be with churches and ministers and have great joy (2 Timothy 1:4, Acts 20:38, Philippians 4:1).

"So continuing daily with one accord in the temple, and breaking bread from house to house, they ate their food with gladness and simplicity of heart." (Acts 2:46)

- 1. Attending and becoming involved in a church is a way to fulfill all four areas and have fullness of joy.
- 2. In church, we are in God's presence (Psalm 16:11).
- 3. In church, we are in the presence of the family of God (Psalms 42:4).