

Living Above Worry

“But I want you to be without care... (worry or anxieties).” 1 Corinthians 7:32

1. This is as much of a command as “thou shalt not kill.”
2. It is not a wish or desire but a command from God. It is just as dangerous, if not more, than adultery or murder.
3. Worry is a slow form of suicide.
4. Jesus said worry is a danger to our spiritual as well as natural life. If you worry, you cannot reach maturity (Luke 8:14).
5. Worry is always future. God will take care of you tomorrow the same way as He has done every day until now.
6. Focus on now. Live in this moment:
 - a. Yesterday is gone and cannot be changed.
 - b. You don’t know what will happen tomorrow.
 - c. Live in the moment.
 - d. Worry is useless. Will worry change anything?
 - e. Worry will steal your present joy.
7. God would command us to be free from worry if it were not possible. God has a life for us which has no worry at all.
8. The word for worry means “to be drawn in two directions.” This was the problem in the Philippian congregation. They were drawn in two directions and divided between two strong women leaders (Philippians 4:2).
9. Worry is the sin of the self-occupied believer.
10. Paul said, “do not worry about anything, but in every situation by prayer and thanksgiving let your requests be made known to God” (Philippians 4:6).
11. Jesus said, “let not your heart be troubled (do not worry) (John 14:27).
12. Fear is a motivator of worry. *“Men’s hearts will fail them from fear and the expectation of those things which are coming on the earth...”*
13. Worry puts you below a flower or bird. God takes care of them. Worry will not cause you to grow in the slightest and is counter productive to the plan of God (Matthew 6:25-34).
14. Worry separates us from the delivering power of God (Psalm 1:1-3).
 - a. When we are free from worry, we are like a tree planted beside a river of water and will never be subject to the droughts of life.
 - b. Our leaf will be green, and we will continue to produce fruit.
 - c. The ungodly are not so but are like the chaff which the wind drives away.

1. Chaff is tumbleweeds.
2. Tumbleweeds do not have roots and are carried around by the wind.

“If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him. But let him ask in faith, with no doubting, for he who doubts is like a wave of the sea driven and tossed by the wind. For let not that man suppose that he will receive anything from the Lord; he is a double-minded man, unstable in all his ways.” James 1:5-8